



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

Adresse : Rue du Château 6 / 1804 Corsier-sur-Vevey / Suisse
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TO THE NATIONAL FEDERATIONS CONCERNED

Subject : Grapplers and pankratiasts included in the testing pool for out-of-competition controls

Dear President,
Dear Athletes,

FILA has decided to extend its joint efforts with WADA in the fight against doping to the disciplines of Grappling and Pankration in 2011.

In this purpose, a list of athletes from the two disciplines has been created under the same criteria as Olympic wrestling, which is based on the ranking of World Championships and Continental Championships. The list is attached.

From 01 April until 31 December 2011 (all modifications being reserved), these athletes will be bound by the same obligations as Olympic wrestling athletes i.e. the obligation to submit their whereabouts information for each day of the quarter. Thus they may be subject to out-of-competition controls at any time and will be **bound by the FILA Anti-doping Regulations** and the World Anti-doping Code.

Moreover, in the event of a medical treatment, the athletes on the list shall obtain a *Therapeutic Use Exemption* from FILA before the take of medicines containing one or several prohibited substances. This authorization will be granted only upon presentation of a complete medical file signed by the athlete's doctor.

We kindly remind you that athletes in the list must submit their whereabouts information before the start of the quarter.

The deadline for submitting the whereabouts information is set on 31 March 2011.

The whereabouts information shall be submitted in ADAMS. In the case of trouble using the system, paper forms (available on demand at fila@fila-wrestling.com) may be accepted to start.

You will receive in the next mail a username and a password for the grapplers/pankratiasts included in the list as well as other useful information to use the system.

Important information

Further information is available on the FILA website in the *Anti-doping* section as well as on WADA website www.wada-ama.org.

Do no hesitate to contact us or your National Anti-doping Agency for more information.



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1. Required information

Your whereabouts information must obligatorily include the following:

- **Personal information:** full name, sport, email address
- **Residential address:** the street address of the location where you currently reside for all days of the quarter; when you are in a training camp or in a competition abroad, they address where you stay in obligatory.
- **Training locations and times:** primary and secondary training locations as well as other locations where you regularly train (e.g., gym, national sport centre, etc.)
- **Training camps and competitions:** dates, locations, temporary addresses, place of residence!

2. 60 minutes period per day – including during competitions!

Each athlete **shall mention a 60 minute period per day** – between 6 am and 11 pm – during which he/she is available and accessible for a control at a defined place (home, training place or competition venue).

It is utmost important that the athlete conforms to the 60 minutes time slot that he/she has submitted in the whereabouts information.

This does not limit in any case the obligation of submitting accurate whereabouts information out of this 60 minutes period and being available for a control at any time in any place.

3. Change of information

Any change in the athlete's planning shall immediately be modified in ADAMS.

We draw your attention to the fact that ADAMS allows reporting a change of information by SMS. Please contact FILA and/or check the user guide to activate this function.

In emergency situations athletes may send their modifications and updates to fila@fila-wrestling.com.

4. Athletes' responsibility

The athletes are personally responsible for the submission of exact and complete whereabouts information even if they have delegated this task to a third person (coach, doctor).



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5. Missed tests and filing failures

Athletes shall submit information that must be clear and accurate enough to be accessible for an out-of-competition test during the 60 minutes period and out of this period.

A missed test will be recorded when an athlete is not present during the 60 minutes period at the place he/she has submitted in his/her whereabouts information.

A filing failure will be recorded when the whereabouts information is obviously insufficient or wrong or when it is impossible to locate the athlete out of the one hour period.

A combination of three missed test and/or filing failure will be pursued as an anti-doping rule violation.

6. Retirement and return to competition

Any athlete included in the registered testing pool who wishes to retire shall immediately inform FILA and WADA.

It is reminded that any retired wrestler who wishes to return to competition shall inform FILA beforehand and be available for doping controls.

We kindly ask you to transmit a copy of this information to the athletes included in the attached list as well as to any other person concerned (coach, doctor, etc). Let us remind you the importance for each athlete to submit accurate and exact whereabouts information in order to avoid any suspension for administrative mistakes.

For more information visit www.fila-wrestling.com or write to fila@fila-wrestling.com.

We thank you for your attention and support in the fight against doping and remain

Raphaël Martinetti
President

Michel Dusson
Secretary General

Corsier, 24 February 2011/cr

Cc : Medical and Anti-doping Department - FILA
World Anti-doping Agency

Appendix: List of athletes