



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

Adresse : Rue du Château 6 / 1804 Corsier-sur-Vevey / Suisse
Téléphone : (41.21) 312 84 26 Fax : (41.21) 323 60 73 E-mail : fila@fila-wrestling.com Internet : www.fila-wrestling.com

TO THE WRESTLERS OF THE TESTING POOL 2013 TO THE NATIONAL FEDERATIONS CONCERNED

Notification to the RTP wrestlers 2013 – Whereabouts - ADAMS

Dear President,
Dear Athletes,

Please read this letter carefully. It contains all the information regarding the duties and obligations of the wrestlers included in the registered testing pool for out-of-competition controls during the period between 1st January 2013 and 31st December 2013.

You will find enclosed the list of wrestlers of your Federation included in the testing pool.

For 2013, the whereabouts must be submitted no later than the twentieth (20th) of the month preceding the beginning of the quarter. For the first quarter 2013, the whereabouts shall be submitted no later than

20 December 2012

In this regard, you will receive in the next mail a username and a password for each of the wrestler of your Federation included in the testing pool and who hasn't got an account yet. User guides will also be attached.

Required information



Important: FILA will not accept that wrestlers only submit a residence address for the whole quarter without indicating anything else. The information here under will be required otherwise a filing failure will be declared.

1. Training and/or regular activities

For each day of the quarter (including weekends), the name **and address of the place where you will be training, working or conducting any other regular activity** as well as the usual time schedule for such regular activities shall be indicated.

2. Daily residence

For each day of the forthcoming quarter (including weekends), please indicate the full address of the place where you will be residing, i.e., staying overnight (e.g., home, hotel, temporary lodgings).



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3. 60 minutes period per day

For each day of the quarter (including weekends and competitions) please indicate one **specific location** (home, training or competition venue) **and one specific 60-minute time-slot** between 6 a.m. and 11 p.m. during which you will be available for a test.

It is utmost important the each athlete conforms to the 60-minute period he/she has indicated.

This does not limit in any case the obligation of submitting accurate whereabouts information out of this 60 minutes period and being available for a control at any time in any place.

4. Competitions

Please indicate your competitions of the quarter – championships, cups and international tournaments .as well as the place where you will be residing during the competition (name, address).

- **The 60-minutes period of availability for a test at a specific location is also compulsory during competition periods.**

How to provide the required information **ADAMS**

ADAMS (Anti-Doping Administration and Management System) will be the only system accepted by FILA for the submission of the whereabouts.

To connect to ADAMS, go on the site address

<https://adams.wada-ama.org>

A quick user guide will be sent with the next mail. Other information is available on:

www.fila-wrestling.com – section *Anti-doping*

www.wada-ama.org/en/ADAMS



Please note that your whereabouts must be submitted in one the official FILA languages, French or English.

Change of information

- Any change of time schedule, place of training, residence or competition must be immediately reported in ADAMS.
- If your plans change and you are no longer available during the 60-minute period at a location, you must update your whereabouts before this period.
- You can change this 60-minute period by SMS. To activate this service, please refer to the user guide available on www.fila-wrestling.com, section *Anti-doping*.
- **It is important that the submitted information be as accurate as possible at all times.**



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Athletes' responsibility

The wrestlers are personally responsible for the submission of exact and complete whereabouts information even if they have delegated this task to a third person (coach, doctor).



In the case a person of your Federation has been delegated for the whereabouts submission in ADAMS for each wrestler, a personal ADAMS shall be created. This account will allow him/her to have access to the whereabouts of every wrestler from an unique account and submit all necessary modifications.

To create this account, please forward the name and email address of this person to FILA (carlos@fila-wrestling.com).

Nevertheless the wrestlers included in the pool remain responsible for their whereabouts and keep the access to their account.

Missed tests and filing failures

It is important to ensure that the whereabouts are submitted before the deadline (20 December 2012).

Athletes shall submit information that must be clear and accurate enough to be accessible for an out-of-competition test during the 60 minutes period and outside this period.

A missed test will be recorded when an athlete is not present during the 60 minutes period at the place he/she has submitted in his/her whereabouts information.

A filing failure will be recorded when the athlete does not submit his/her whereabouts before the deadline, when the whereabouts information is obviously insufficient or wrong or when it is impossible to locate the athlete outside the one hour period.

A combination of three missed test and/or filing failure will be pursued as an anti-doping rule violation and sanctioned with a 12 to 24 months suspension.

Retirement and return to competition

Any wrestler included in the registered testing pool who wishes to retire shall immediately inform FILA and WADA.

It is reminded that any retired wrestler who wished to return to competition shall inform FILA at least six (6) months before and be available for doping tests during this period (provision 5.5.2 of FILA Anti-doping Regulations).



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We kindly ask you to transmit a copy of this information to the wrestlers included in the testing pool as well as to any other person concerned (coach, doctor, etc).

- **A confirmation receipt form is enclosed. Please sign and date it in the space provided and send it back to us to confirm receipt of this notice within 15 days.**

For any concern about the content of this letter, you can contact FILA at the address carlos@fila-wrestling.com.

For more information visit www.fila-wrestling.com or write to www.wada-ama.org.

We thank you for your attention and support in the fight against doping and remain

Yours sincerely,

Raphaël Martinetti
President de la FILA

Michel Dusson
Secretary General FILA

Corsier, 6 November 2012/cr

Appendix: - Registered Testing Pool
- Receipt Confirmation Form



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

RECEIPT CONFIRMATION FORM

Please sign and date this form in the spaces provided below and return it by **email, post or fax** to:

FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES (FILA)

Rue du Château 6

1804 Corsier-sur-Vevey

Fax : (+31) 21 323 60 73

Carlos@fila-wrestling.com

- With my signature, I confirm, **as a wrestler**, that I have taken due note of the present letter and the requirements for my whereabouts.
- With my signature, I confirm, **as a manager/coach/doctor/other**, that I have taken due note of the present letter and that I have forwarded a copy to the wrestlers of my Federation that are included in the testing pool 2013.

Last name :

First name :

Function :

Federation :

Date :

Signature :